

society news

summer

09

Fred becomes 'Apprentice' Welder at the age of 90!



Who said life stops when you enter a care home? "Nonsense!" says 90-year-old Fred Denny, who despite having Parkinson's Disease, left his Greensted home for a day's welding at GKW, the Fairseat wrought iron and restoration specialists.

Fred last did a spot of fabrication welding about 30 years ago, but when Senior Carer at Greensted, Hilary Vanns, told him that her husband and son were partners in GKW, he expressed a wish to see how life behind the welder's mask had changed. No problem!

Geoff, Karle and Wayne Vanns readily agreed to let Fred have a go, so Hilary drove him to Fairseat for the experience he had longed for. "The trip is all part of our policy of making it possible for our residents to do things they might have given up hope of doing," said Hilary. "Just because you go into care doesn't mean life comes to a grinding halt. At Abbeyfield we believe in enhancing the latter years of our residents' lives and that can be done in so many ways.

continued

Fred becomes 'Apprentice' Welder at the age of 90! Continued...



"Fred wanted to do some welding, so why shouldn't he be given the chance?" she said. Fred couldn't believe his luck and was so eager to get going that Karle Vanns had to hold him back to make sure he was kitted out with the right masked helmet and gloves.

As the zimmer frame was put to one side and the sparks flew, Karle commented: "I hope I can weld like that when I am 90!" Fred, a Londoner before coming to Kent, where his grandson runs a pub, didn't spend all his working life as a welder. He also worked for the local authority

in London where he ran his own workshop. What did he think of his day out? "It hasn't changed much since I was doing it, but what I produced was rubbish!" he joked. "All he needs is more practice and we will take him on as an apprentice," said Karle.

Abbeyfield Appoints New Trustee

The Abbeyfield Kent Society has appointed a new trustee. She is **Rosemarie Mitchell**, Regional Director of Leonard Cheshire Disability for London and Kent where she is responsible for all care services for the elderly frail and those with disabilities including care homes, day centres and supported living. Chief Executive Leon Steer, said: "We have been looking for someone with a care-centred background to become a trustee and in Rosemarie Mitchell we have found the ideal person. "We hope that Rosemarie will chair a new Care Committee working closely with our Director of Care, Felicity Somerville."



Chairman of the Board of Trustees, Robert Barnes, welcomed Rosemarie by saying: "Rosemarie's experience with Leonard Cheshire Disability will be invaluable to Abbeyfield particularly as we forge ahead with our development plans in the county."

Those plans include a new extra care facility at Gravesend which has already been given planning permission and will provide homes for 56 older people with facilities such as internet cafe, various areas of care, restaurant, hairdressing and gymnasium on site. Work is expected to begin in the summer. Rosemarie lives at Caterham and her pastimes include horseriding, reading and travel, when, as she says, "I am not involved with my five grandchildren".

Ethel Rocks to the Elvis Beat on her 100th Birthday

What entertainment are you hoping for at your 100th birthday party? Maybe a harpist plucking away softly in the corner, or perhaps a classical pianist trickling out the Moonlight Sonata? Not so Ethel Matton, who celebrated her centenary at Edward Moore House.



Ethel had none other than Elvis Presley swivelling his hips and singing all the old rock 'n' roll favourites as she and her friends clapped their hands and sang and danced along with the music.

When home manager, Moji Olusesan, asked Ethel how she wanted to mark her big day, she just said: "I want everyone to wear blue, which is my favourite colour, and I want Elvis to entertain me." As Moji said: "When you get to be 100, you get what you want and we all pulled out the stops to hire an Elvis lookalike tribute artist. We also laid on sherry and wine and Ethel was the first to have a drink." Headquarters was represented at the party by head office staff including Director of Care, Felicity Somerville, who presented Ethel with a bottle of Champagne and a bouquet.



Ethel has survived her husband Walter, whom she married in 1936, and her only son died when he was young. She is a Gravesend girl and came to live at Edward Moore House in November 1996 when she left the Wombwell Nursing Home. "Ethel is much loved by all the residents and staff," said Moji, "and even the home's cat prefers her to everyone else as she chooses to sleep on Ethel's bed."

Staff Show How Life Gets Even Better For Residents

Life in care homes owned by The Abbeyfield Kent Society improves daily since the introduction of the Pegasus project. Staff and residents told their own stories at a Pegasus Showcase event attended by stakeholders interested in the improving care of older people. Also present was Des Kelly, Chief Executive of the National Care Forum, who said it was impressive what Abbeyfield Kent was doing in the field of caring for the older person. Pegasus is the ethos that demands a better quality of care that banishes loneliness, helplessness and boredom – three of the most common afflictions suffered by older people – by focusing on the aspirations and needs of the individual.



The project is based on the **Eden Principles** developed in America and designed to eradicate the last vestiges of the care home as an “institution”, by creating livelier, more informal environments in which children are welcomed, pets play a role and plants and gardens provide colour and life. Abbeyfield staff gathered to present their showcase by giving examples of how their particular home had embraced the Eden Principles. One carer did her presentation in a dressing gown to illustrate the fact that staff do not necessarily wear a uniform and that residents have a choice as to when they get up or get dressed.



Photographs illustrated how some residents live happily with their pets in Abbeyfield care homes and one resident wrote a poem describing a wonderful day out in the park. Abbeyfield Director of Care, **Felicity Somerville**, introduced the Showcase and said afterwards: “I am very proud of the way the staff has grasped the Pegasus project and implemented it so successfully in all our homes. This is a continuing process, but their Showcase presentations demonstrated that we are a long way down the road to providing that extra special caring environment in which older people can thrive and grow through stimulating experiences and conversation.” Abbeyfield Chief Executive, **Leon Steer**, and Chairman of the Trustees, **Robert Barnes**, both thanked staff for their continuing efforts and expressed pride in the organisation which had brought so much happiness and love to residents.

Running for Abbeyfield

Helen McGregor, a carer at Greensted, has been chosen to run the 2010 London Marathon to raise funds for Abbeyfield. Helen, a 44 year old mother of two girls, has an astonishing running pedigree. She has completed eight marathons, 345 half marathons and 15 triathlons, the latter involving running, swimming and cycling.

“I have been running for 16 years,” said Helen, “and was so pleased when Abbeyfield said I could run for them. Although I train seriously I treat the London Marathon as a fun event and always dress up. I will be discussing my 2010 uniform with Abbeyfield as it is important that I stand out from the crowd.”



Helen has had traumas in her life. She suffered from breast cancer and was told by doctors she would never run again, but she has proved them all wrong. Then, in 2008, she sustained a knee injury in training which prevented her from running in this year's London race. “I am now getting down to real training schedules with my trainer. I shall be losing some weight which has built up since I was injured and hope to complete the race in under 5 hours, but if it takes me 6 hours, does it really matter?” Leon Steer, Chief Executive, said: “I want to thank Helen for volunteering to be our representative in the race. We will do all we can to support her before, during and after the race. **Well done Helen!**”

Let's all get behind Helen as she runs for the Society's Who Cares? Campaign. If you would like to sponsor her, fill in this form and send it to Carol Moyler, The Abbeyfield Kent Society, The Old Wharf, Station Road, Cuxton, Rochester ME2 1AB.



LONDON MARATHON SPONSORSHIP

I would like to sponsor Helen McGregor in the 2010 London Marathon when she will be running for the Who Cares? Campaign.

Name: _____

Address: _____

Telephone number: (if applicable) _____ Amount sponsored: £ _____

It is hoped that a band of followers will travel in convoy to London and support Helen at various points on the route of the marathon, followed by a picnic in a suitable park location after the race.

Time Capsule Buried at Care Home

1940

We all love a bit of nostalgia, and when day centre visitors to Connors House in Canterbury arrived for their usual weekly visit, they were taken back to the 1940s.

Kent University drama student, **Louise Hammond**, working for her Masters degree in Applied Performance, had arranged a full programme of activities for the elderly visitors, including the burial of a time capsule. The Connors House lounge was decked out in **1940s memorabilia** and each visitor was invited to place an item into the capsule before it was buried in the home's gardens. Items in the capsule were suggested by the day centre clients. They included a page from the Radio Times, a CD of clients' favourite music, old and new pictures of Canterbury, pictures of street parties, coins, items of costume jewellery and headlines from the week's news. Then, as residents watched, Louise dug a hole in the garden and placed the capsule inside, telling visitors that in years to come, whoever dug it up, would know more about Canterbury life in 2009.

Manager of Connors House, Tina Galloway, said: “Louise has worked so hard on the project and the day centre clients have reacted very positively to what she has done. They have thoroughly enjoyed themselves.” Two of Louise's lecturers were present to adjudicate as part of her Master's degree.



Gladys's Very Own Poet's Corner

When Gladys Pilcher retires to room number 6 at Rogers House it is not necessarily time for bed. For Gladys is Abbeyfield's poet laureate and we thought we would feature her in her very own Poet's Corner. Here is a selection of her recent work. If anyone else fancies themselves as a poet, let's see some of your work too.



Hair

My hair's so untidy
in need of a comb!
it needs someone patient
to come to the home,
to shampoo and rinse it
to pamper us girls,
to brush and to trim it
to encourage the curls!
we might be persuaded
to have just a tint,
a highlight, a shaping
it won't cost a mint.
Here comes Pamela
with her box full of lotions,
she'll sort us out
she's got the solutions!
how different we look
before, and now after,
she's helped us so much
with plenty of laughter!
we've had it all coiffeured
in this happy home
no need to go out
in the wind & the rain,
look forward to our
Pam coming again.

The sun came out on Friday,
After weeks of cold and rain,
The carers took us
down the lane
A convoy of ladies,
(With Arthur in the lead)
Wheelchairs, frames and
walking sticks,
A cheerful sight indeed.

The park (our goal)
was welcome
We sat upon a seat
Some dogs (with owners)
walking by
Caused laughter
What a treat!
We went back home to
Rogers House
Our dinner almost ready,
That happy outing
cheered us up
Though we all
felt 'unsteady'

March 7th 09

HELP!

Audrey came to my
room today
And sat in the chair
by my bed,
But when she tried
to get up again
She found she was
stuck there instead.

She heaved and she
struggled,
It only got worse,
Her bottom had
really stuck fast,
We laughed and we
called out,
But nobody came,
So I went to get
help at last.

The carers they came
And at last she
was free,
She won't sit in
that chair,
Next time
she sees me!

...by Gladys Pilcher

Would-Be MP Sees For Herself

Tracey Crouch, Conservative Parliamentary Spokesman for Chatham and Aylesford, has some nice things to say about Abbeyfield on her internet blog. She visited St Martin's at Larkfield and afterwards wrote:

"I have visited a few care homes before but this was genuinely one of the best I have been to." Tracey continued: "The residents seemed really happy and the carers passionate about their jobs. I admire them immensely. They do an extraordinarily tough job, sometimes under huge emotional pressure, and they clearly do it brilliantly. "The range of activities the carers organise was extensive and I have to say I was quite tempted to go back for the Grand National tea, cake and buck's fizz session! "It was a great day and I have definitely learned a lot, and I was certainly lobbied well by those I met on what I need to do if I am honoured and elected to Parliament."

Ian is now a Permanent Member of the Executive Team



Ian Thomas, a familiar face around many of The Abbeyfield Kent Society properties, has joined the Society on a full time basis as Director of Property and Development. Ian was previously an adviser to the Society while working as the lead Consultant for Architecture and Design with property experts, Cluttons.

Chief Executive, Leon Steer, said: "We had built up such a good working relationship with Ian while he was working as a Consultant, that we wanted him on board full time. "We have ambitious development plans which will keep Ian very busy. He is acknowledged to be one of the top men in his field when it comes to designing buildings for use in the field of care. His most recent successes have been the design of the 56-room extra care scheme we will be developing on the site of the former Valley Lodge care home in Gravesend this year, and the extension and refurbishment of Greensted, both of which have been given planning permission." Ian said: "I really enjoyed my association with Abbeyfield as a Consultant, and am now pleased to be part of the permanent team as we drive ahead with new schemes, all aimed at improving the lives of our older people. "I shall be working from headquarters at Cuxton where I have my own office and where I can maintain my close working relationship with the senior executive management team and all the support staff. I also intend to visit the homes and houses as much as possible to keep everyone informed of the exciting plans proposed for our properties."

News from The Dynes

A lot has been happening at The Dynes since the beginning of the year.

In the garden

Thanks to our gardener, **Brian Batchelor**, the raised flower beds have been a great success and a talking point as can be seen in the photo.



Furry newcomers

We welcomed our two new, very friendly rabbits, **Besty** and **Clementine**, and our pictures show how much they are loved by all residents and staff. Also on the pet front, we purchased a fish tank back in March, and we are now the proud parents of 11 baby fish.



Dancing with children

We had a great afternoon at the **Weald Primary School, Sevenoaks**, with the children performing Maypole dancing. The residents joined in with the children for the final dance.



The Dynes



'Jimmy' cash

Pyjama week, all staff dressed in pyjamas for a week to raise funds for the home and we managed to raise just over **£200**.

Successful bazaar

Spring Bazaar organised by the Friends of The Dynes was a success, we raised **£537.12** that will go towards residents' outings and entertainments. Thanks to all who helped and supported.



As the weather has improved, residents are enjoying their exercise sessions in the garden. Others residents are seen making Easter Cards and we all enjoyed a happy Easter and Mothering Sunday.



News from St Martin's

Our resident poet

Following the Pegasus Dreams and Wishes questionnaire it was discovered one of our residents, Mr Alf Harmsworth, had always wished to have his poetry published, as he had written many in his lifetime. Here is a sample of Alf's work written especially for us.

Here lies the body of
Elmer Turk,
who one day hurried home
from his place of work.
In the joyful hope that
his lawful spouse,
would be serving a meal
as he entered the house.
But alas and alack for Mr T,
when he got inside
it was plain to see,
that his wayward wife
was nowhere nigh,
by the folded note
on the uncooked pie.
Which stated clear in ball
point pen
"gone out to mum's
be home at ten".
In his weakened state
he could stand no more
and collapsed and died on
the kitchen floor.

ALFRED HARMSWORTH
6/5/09

Out for a cruise

Another wish was from Laura Wakeman and Kitty Cooper who wanted to go for a spin in an open topped car. So manager Jan Moulton obliged, and here we are, reminiscent of the 1950's. Rest assured wishes can come true.

We've got Rhythm

St Martin's has recently purchased a variety of musical instruments which the residents are playing and enjoying. In fact they are so good we are thinking of forming a band called "Symbolic Seniors".



St Martin's

Events round-up

Valentines Day – We had romantic music, a three-course lunch, chocolates and a glass (or two) of wine – what more could a lady want?



Cher Fashions

Cher Fashions came to St Martin's on 4th March. Lovely clothes and accessories were on display and many residents took the opportunity to buy some.

Easter

Chocolate, chocolate and more chocolate!

The residents had their eggs from St Martin's on Easter Sunday. We had an Easter egg hunt on Easter Monday within the home and the garden, and the very generous students at Aylesford Sports College all donated an egg (more than 80 in all) which were then delivered in time for Easter. The Easter raffle raised £60.



All the residents and staff of St Martin's would like to say a very big "thank you" to Sainsbury's in Aylesford for the very kind donations of flowers we have received over the past few months. This is so the residents can carry out their flower arranging. Everyone enjoys seeing the beautiful colours and smelling the delightful fragrances.

We are having our **Summer Fete** on **19th July** from 2pm to 5 pm – all the usual attractions such as tombola, raffle, barbecue and beer tent. Plus this year we have manager, Jan Moulton, in the stocks! An opportunity not to be missed! Everyone is warmly invited. All fundraising from this event to the recently launched Who Cares? Campaign.

Who Cares?

News from Woodgate



Darts night

On **Friday 3rd April** the event organised by Hayley and Rachel had arrived. At 6 o'clock the day centre was full of budding darts players willing to put their skills to the test for the coveted Woodgate Darts Cup. In all there were 9 teams made up from all those who had entered, to make it fair those who were "professional" players were put with the novices. After several interesting rounds the final 2 teams played out the final with Karen, Sharon and Dean being the victors. The evening was very enjoyable and the residents who came along now want their own darts board so they can enter a team the next time.

A magnificent **£440.23** was raised towards a new mini bus. A big thank you to all those who took part, all those who contributed towards the raffle, including several shops in Tonbridge, all those who brought along food and to Hayley and Rachel for organising it.

Gardening

Chris the gardener has been working hard in the garden making some raised beds, now they are complete they are awaiting to be planted and the residents have started to grow runner beans and tomatoes to put into one of the beds. Onions have been planted in troughs and are growing well.

All are looking forward to eating the fruits of their labours.



Anyone for a hair cut

Dave our care co-ordinator needed a hair cut, he also wanted to help raise some money for the mini bus so decided to combine the two. If **£100** was raised then he would have his head shaved. It did not take long for the money to be raised and the date was set for the event. On Monday the **27th April** Hayley and Sharon came into work with the equipment needed for the haircut. Dave said goodbye to his hair as Hayley cut it and then Sharon shaved it and the mini bus fund went up by another **£244.40**. Thank you Dave and hope your ears are not cold.



Woodgate



Cooking

The residents have been busy by showing their skills at cake and biscuit making. Each week they make a different sort of cake or biscuit then decorate it and have it for tea. This year Easter Simnel Cake was made and decorated by the residents and cook has said that the cakes the residents make are better than the ones she cooks.

On the cooking theme the residents had a Pizza night when they chose the toppings they would like for their pizza which was then cooked and eaten for tea. Many of the residents had not tasted pizza before but did enjoy the experience.



Easter party

Woodgate's favourite came along on the 9th April to entertain us at our Easter Party. Party food was provided by the kitchen staff and enjoyed by all. As usual it did not take long before several people were up and dancing and all were singing along to their favourite songs.

News from the Sheltered Houses



Drewery Drive

We have had a busy few months at Drewery Drive. For our fund raising effort we held a **coffee morning** with a **raffle** and **cake stall** and raised the grand sum of **£145.90**. We added some of the money we raised at the Christmas raffle and bought a new garden table. Over the past few weeks we have had the opportunity to attend several concerts and have enjoyed the Kent county Youth Choir and the London Philharmonic Skiffle Group. On **26th May** we visited the beautiful garden of **St Michael's House** at East Peckham where, as well as looking round the grounds, enjoyed afternoon tea sitting in the warm sunshine. Future trips include a visit to the flower festival at Bredhurst Church, a boat trip on the Medway and a fish and chip lunch by the seaside at Herne Bay.

Margaret Fisher House

Supportive Friends

Carmel and Pamela are pleased to say how lucky they are to have such a supportive and lovely group of people in **The Friends of Margaret Fisher House**. We have a busy year for our residents which started with going to the dogs when we visited the Crayford Track. This was enjoyed by everyone and some even came home richer! May brought the Blossom Drive ending with tea at **Burswood near Groombridge** and in June, July and September residents were treated to afternoon tea in the gardens of "The Friends".

Fund raising

In May Carmel and Pamela organised a quiz evening for the families of residents which was held at **The Coach House in Laddingford** and a garden party at the same venue for residents and their families to enjoy the beautiful gardens of Sharon and Ronald. Our Christmas Raffle will be in aid of the Who Cares? Appeal.

Sheltered Houses

Barnsole Road

Jimmy's song

Resident, Jimmy McCall, has written a 10-verse song called **To All Musicians** telling the life story of a fiddler and horn player. Sadly, we don't have room for all verses, but we offer the first, second and last to give you a taste.

To All Musicians

I play the fiddle I play the horn
Played 'em both since I was born
Worked in clubs with some great bands
Played every tune with both hands
Fiddled for the rebel for God in church
Giggled like the devil left in the lurch

Chorus

I played so good
It was go, go, go
Played with my right
What my left don't know

Verse 2

I played so long, played and played
Played in places I didn't get paid
Worked in barns, played in tents
And in bars, couldn't pay no rents
Played in pubs to every race
And with guys who couldn't keeppace

Chorus

Verse 10

I got so tired couldn't stand the heat
Never got hired couldn't hear the beat
Cos I went deaf couldn't hear a thing
Then came death with its final sting
Used to play to fans who couldn't wait
Now I play to God inside the golden gate

I play so good it's go, go, go
With both hands to tunes we all know
With both hands to tunes we all know
Jimmy, we all think it is brilliant. Well done!

Now, please, some good weather. We at Barnsole raised enough money over Christmas and Easter to buy a new parasol and cast iron stand for the garden. We also had enough to buy a new blue ironing board which complements our recently-decorated utility room. *We are looking much brighter and fresher than last year.*

Northwood Road

This year a new Support Group has been set up and we are looking forward to the following events in the near future. And as the weather forecast is for a long hot summer, we are looking forward to enjoying ourselves.

- A blossom tour ending with a cream tea at a craft centre
- Strawberry tea
- Barbecue in August

Welcome Ethel
Ethel Furneaux moved to Northwood Road from Tankerton Road at the beginning of May and has settled in very well.

Drop In
If anyone is visiting sunny Tankerton please drop in for a cup of tea. We'd love to meet you.

Jimmy's Song



'Fighter' Eileen on the mend

By Felicity Somerville, Director of Care

As everyone is probably by now aware, our dear Deputy Director of Care, Eileen Leftley, was taken suddenly and seriously ill on March 19th whilst at work. Eileen was rushed to Medway Hospital, where tests showed that she had suffered a subarachnoid haemorrhage (a bleed in the brain). This is a life threatening condition requiring specialist treatment; consequently Eileen was transferred to the Neurology Department at St. George's Hospital in Tooting.

An operation was performed to repair the weak artery in her brain which was successful, then during a protracted and worrying recovery period it was believed that Eileen had suffered a mild stroke.

Eileen has made slow but steady progress since her surgery and has now been transferred back to Medway Hospital, where she remains at present. Plans are currently being made to transfer Eileen again, this time to a hospital that specialises in rehabilitation services, so that she has access to the intensive services she will need to nurse her back to health.

We have been informed that it may take a considerable time for Eileen to regain her previous strength, but as she informed me only last week, "I am very resilient". Those of us who know and love her will concur wholeheartedly with that statement!

We Feature in Glossy Magazine

The July issue of 'Kent Life' magazine carried a double page feature article on the introduction of the Eden Principles to Abbeyfield Kent Society homes.

The article quoted our chief executive, Leon Steer, saying: "We don't choose to grow old, but it should provide lifestyle options, and those in their seventies, eighties and even older are rightly demanding a new type of active and fulfilling retirement, free from worry and insecurity. "I believe we should be providing the kind of care homes where older people are saying, yes, I'd really like to go and live there....."

The article explains that the Eden Principles are designed to eradicate the last vestiges of the care home as an 'institution', by creating livelier, more informal environments in which children are welcome, pets play a role, and plants and gardens provide colour and life.

The Importance of Sunshine

This year they say we are going to have good weather this summer. We have certainly been seeing some pleasant days weather-wise. I am writing this on a rather dull May afternoon and have been visiting residents at Connors House.

I explained to a new resident that I come round about once a month and enjoy seeing how they are, offering to chat, listen or pray with them. Many were feeling they wanted to see the sun but that is one thing I was not able to provide for them. I know I am not the only one who feels better on a sunny day when the sky is brighter. Days with heavy, dull skies can drag us down if we allow them to. Our senses are more alert in the light as we do not have to strain to see and daylight is gentler on the eyes than artificial light. Light is an important element within many faiths. As a Christian I like to see a candle burning during a service because it reminds me that Jesus described himself as the light of the world and at our baptism we are asked to allow Christ's light to shine through us. A light guides the way and our words or smile can encourage others as they go through their day. On the days when all seems gloomy our smile, our understanding word can be a ray of sunshine for those we meet. In encouraging others we often find we are encouraged on our way.

Saying 'Thank You'

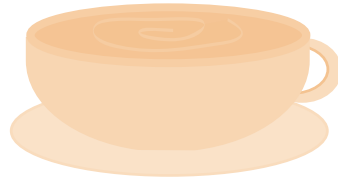
Our annual Thanksgiving Services in our Homes got off to a good start in April when we had the service at Edward Moore as part of Ethel's 100th birthday celebrations. Stopping and joining with others to say thank you for the life in each of our homes, and to reflect on some of the things that have happened during the year, can be a source of refreshment and encouragement in the life of our homes. It is a time when visitors, friends and relatives can come together with staff and residents to say well done and thank you; to remember those who used to be part of the home. Whatever our spiritual life I hope that the idea of giving thanks will be one that many will feel they can be part of and I look forward to welcoming you at these occasions. Do look out for details in the different homes and if you have missed the service this year do think about coming in 2010.

A prayer for the summer

Heavenly Father, thank you for the longer days of summer and the warmth of the sunshine. May we be encouraged to share the things we enjoy with those around us. Help us to be rays of sunshine in our relationships with others. Thank you for times of rest and refreshment that the summer months often bring; help us to stop and appreciate the people and things that are part of our lives. We ask these things through Jesus Christ. Amen

Love Julia

Coffee corner Competition



Wordsearch

Try your hand at this wordsearch puzzle. Somewhere, hidden in the grid are the names of Abbeyfield care homes in Kent. They can be found horizontally, vertically or from corner to corner.

Here are the words you must find:

EDWARD MOORE

ROGERS HOUSE

ST MARTINS

STANGROVE

GREENSTED

THE DYNES

WOODGATE

CONNORS

DENE HOLM

A	P	S	D	E	N	E	H	O	L	M	T
H	B	S	G	L	U	K	W	W	O	E	R
J	T	N	G	X	A	G	T	O	V	V	O
B	A	I	R	O	C	E	T	O	A	L	G
W	S	T	E	R	O	L	R	D	F	I	E
U	V	R	E	G	N	G	V	G	E	X	R
I	O	A	N	I	N	S	B	A	G	D	S
A	M	M	S	A	O	Y	L	T	U	P	H
D	A	T	T	T	R	C	T	E	P	A	O
M	L	S	E	A	S	E	N	S	T	C	U
V	I	A	D	T	H	E	D	Y	N	E	S
U	E	D	W	A	R	D	M	O	O	R	E

Send your completed entry to The Abbeyfield Kent Society, The Old Wharf, Station Road, Cuxton, Rochester, Kent ME2 1AB to arrive by **Friday August 7th 2009**. The first winning entry picket out of the hat on that day will win **£25** worth of vouchers of their choice.

Name: _____

Address: _____

Telephone Number: _____

Congratulations to last issues winner **Bea Foreman** from Room 29, Greensted, Waterringbury, well done!

£1,000 for Who Cares? fund



Graham Bignell, who is one of Abbeyfield's voluntary speakers and is **chairman** of the **Margaret Fisher House** support group, will soon be presenting a cheque for **£1,000** to the Who Cares? bursary fund.

Graham is connected to the Brenchley Choral Society, formed 13 years ago, and each year, after just 10 rehearsals, the local singers give a concert supported by a professional orchestra and led by a top-rated director. This year's performance in **All Saints' Church, Brenchley** was held in aid of the Who Cares? Fund and thanks to a record audience the £1,000 cheque will be presented. **Many thanks Graham and all those brilliant singers.** Chief Executive, Leon Steer, attended the concert and was fulsome in his praise.

More Speakers Needed

If you are an Abbeyfield supporter with an understanding of the Society and how it functions, we want to hear from you - particularly if you are confident about speaking in public to small groups such as Rotary Clubs and similar organisations. We already have a dedicated, but small, band of volunteer speakers who are doing a great job but we want to get our message to a wider audience and will therefore be offering speakers to organisations who are interested in the Society. Very often these organisations are willing to donate funds to our cause, particularly when they are told that we are a registered charity and all the money we receive goes into care for the older person.

If you would like to know more, please contact **Carol Moyler** at the Society's Cuxton headquarters and she will explain this very important role and what the Society can provide to assist you. For instance, we can provide facts and figures plus a DVD highlighting the plight of older people in today's society and what Abbeyfield Kent is doing to alleviate that plight.

Edward Moore House Earns Praise from KCC



Edward Moore House has earned praise in a Kent County Council report.

Inspectors from KCC's Kent Adult Social Services Directorate said that Edward Moore House in Trinity Road "has a warm, comfortable and calm atmosphere where residents appeared to be happy and well presented."

"Staff were observed respecting residents' privacy and interacted with them well."

Says Director of Care Felicity Somerville: "It is always pleasing to receive positive comments like this from an independent, fully-qualified inspectorate, and our regulators and stakeholders."

"We are constantly striving to improve the services we offer, and are committed to helping residents lead enhanced, active

and fulfilling lives, free from worry and insecurity in a nurturing environment."

The KCC Quality Assurance Monitoring report also commented on Edward Moore House's "open visitor policy, and relatives and friends are encouraged to take part in the activities provided in the home."

"Residents were all well dressed and staff were seen to knock on residents' doors before entering their room. Staff were seen interacting with the residents with dignity and respect."

All the Homes

Residential Homes

Connors House
Craddock Road
Canterbury, Kent CT1 1YP
Tel: 01227 769774

Dene Holm
Deneholm Road
Northfleet, Gravesend
Kent DA11 8JZ
Tel: 01474 567532

Edward Moore House
Trinity Road
Gravesend, Kent DA12 1LX
Tel: 01474 321360

Greensted
16 The Orpines
Wateringbury, Maidstone
Kent ME18 5BP
Tel: 01622 813106

Rogers House
Drewery Drive
Wigmore, Gillingham
Kent ME8 0NX
Tel: 01634 262266

St Martin's
Martin Square, Larkfield
Aylesford, Kent ME20 6QJ
Tel: 01732 842628

Stangrove Lodge
Manor House Gardens
Edenbridge
Kent TN8 5EG
Tel: 01732 864975

The Dynes
Nightingale Road, Kemsing,
Sevenoaks, Kent TN15 6RU
Tel: 01959 523834

Woodgate
Tudeley Lane
Tonbridge
Kent TN11 0QJ
Tel: 01732 350952

Sheltered Housing

159 Barnsole Road
Gillingham, Kent ME7 4JH
Tel: 01634 852298

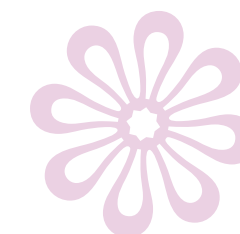
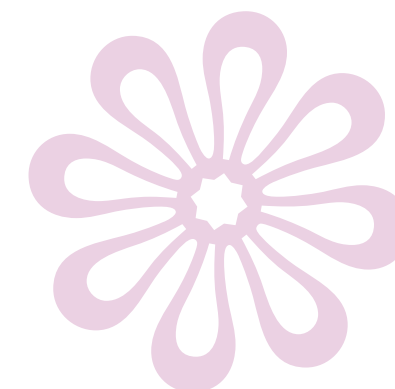
Drewery Drive
Wigmore, Gillingham
Kent ME8 0NX
Tel: 01634 364375

105 Old Tovil Road
Maidstone, Kent ME15 6QE
Tel: 01622 677793

Margaret Fisher House
30 Old Kent Road
Paddock Wood, Tonbridge
Kent TN12 6JD
Tel: 01892 834550

Northwood Road
59 Northwood Road
Tankerton, Whitstable
Kent CT5 2HA
Tel: 01227 771310

St Mary's
15 The Glebefield
Riverhead
TN13 3DR
Tel: 01732 460545

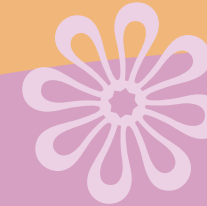


The Old Wharf,
Station Road, Cuxton
Rochester, Kent ME2 1AB

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Fax: 01634 724269
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Abbeyfield
Where older people find care in housing
The Abbeyfield Kent Society

Registered in England under the Companies Act No. 908333
Registered under the Housing Act 1974 No. H2362
Registered Charity No. 254140



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